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news: Ask and You Just Might Receive

Ask and You Just Might Receive

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When you last had a first kiss, did your partner ask to kiss you? What about when it went to more than a kiss? Did you ask?

Relationship expert Mike Domitrz gave a lecture entitled "Can I Kiss You?" on Feb. 8 to stress the importance of asking first.

George Mason University Sexual Assault Services brought Domitrz to the school for Healthy Relationships Week. Domitrz tours the country speaking to everyone from 5th graders to college students to professional football players about having a healthy relationship. He showed the packed Johnson Center Cinema how men and women use their body language to tell their partner what they want.



"But the partner only accurately reads body language two out of 10 times," said Domitrz. "That's why asking before kissing – or anything else - makes things easier," said Domitrz.

Women often do not ask because they are scared of rejection, according to females in the audience.

"Men don't ask because they do not want to look stupid," said Domitrz.

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However, what Domitrz has found is that when women are asked, the common reaction is “aww” not “eww.”

“Asking doesn’t ruin the moment, it enhances the moment,” said Domitrz.

After the lecture, David Wellington, a freshman majoring in information technology, said, “I was a little timid about coming to it; I thought it would be another boring seminar but after watching it, he’s an excellent speaker, and I thought it was very, very interesting and very powerful.”

The usual phrase we hear when it comes to dating and sexual assault is that “no means no,” but Domitrz argues that it should be “Do you ask?” That simple question puts the responsibility on the person taking the action of touching another person.

According to Dormtrz, instead of focusing on what the potential victim did not say, we should focus on what the perpetrator did not ask.

Domitrz convinced undeclared freshman Heather Voska to ask first. “I thought about it more, and what he said was right, you think it will ruin the moment and kill the spontaneity, but I think it would actually help everything on both sides for girls and guys,” Voska said.

Domitrz summed up the discussion by saying, “What we do is show how asking first makes all the difference both in doing the right thing and being intimate and still sexy and romantic all in one. For more information, visit Domitrz’s website at www.canikissyou.com.

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